

Sunday Mornings at 10:30am for 6-8th Grade Join us as we train to know God through His Word!



MSM Fall Retreat is happening October 11th – 13th! Registration now open at exit137.org/msmfallretreat Registration CLOSES October 2nd



How to Pray – Part 1 | Matthew 6:7-13 September 25, 2019

When you pray...

- 1. Start with the relationship.
- 2. Honor God.
- 3. Trust God.
- 4. Submit to God.
- 5. Depend on God
 - a. For Physical needs.
 - b. For Spiritual needs.

How to Pray – Part 1 – Matthew 6:7-13

September 25, 2019

Journey Group Questions

- 1. Read through Matthew 6:5-6. Where should we pray? Why does Jesus tell his followers to pray in this way?
- 2. Read verses 7-8. Have you ever heard someone who prays and tries to sound churchy, but doesn't really say anything to God? How long do you think our prayers should last? Read 1 Thessalonians 5:16-18. How do you think we can honor both of the instructions in these passages?
- 3. Read Matthew 6:9-15 and review the outline from Wednesday night. When you pray, which of these elements of prayer is easiest for you to do? Which ones may be the hardest?
- 4. Read Luke 11:1-5. What does this passage and Matthew 6:9-15 have in common? What is different? What do you notice about neither one compared to "The Lord's Prayer?"

- 5. What does each of the following phrases represent as part of your regular prayer life? How does each statement inform how you should live?
- "Our Father in header, hallowed be your name"
- "Your kingdom come, your will be done, on earth as it is in heaven."
- "Give us this day our daily bread"
- "and forgive us our debts, as we also have forgiven our debtors."
- "And lead us not into temptation, but deliver us from evil."